

PSYCH-BYTES

Short CPD workshops for counsellors and trainees
Facilitated by Brian McMinn

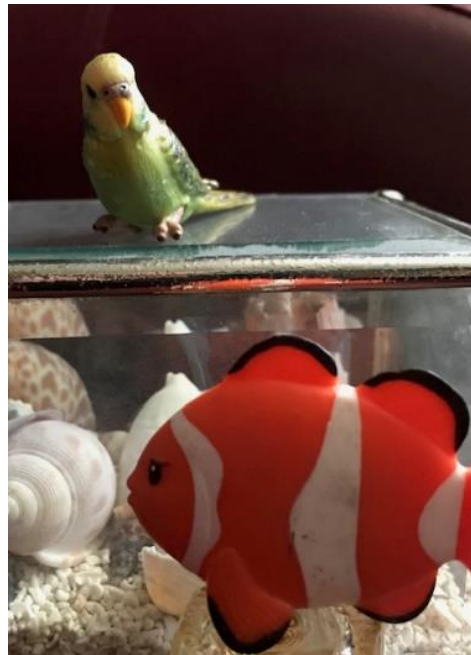
WORKING WITH COUPLES – CLEAN DIALOGUE: A GESTALT PERSPECTIVE

'A bird and a fish can love each other, but where would they live?' (Adapted from Joseph Steiner)

This is an experiential workshop, offering a mix of theory and experiment, with opportunities to try something new (personal choice to participate or not in the experiments will be respected).

Couple therapy, whether with partners, parents and children, friends, colleagues, etc, often brings difficult and complex dynamics into the counselling relationship. How do we resist becoming entangled, while maintaining a focus on the emerging processes that occur in the therapy situation?

In this session we will explore the use of identifying and clarifying the relationship problem(s), 'clean dialogue', working here and now, merging and difference, and managing nervous systems.



This workshop, which offers practical skills, is best suited to counsellors and trainees from a humanistic theory background but is open to practitioners from other approaches.

Saturday 8th June 2019 | 12.45 - 3.45pm (3 hours)

Venue: Toxteth Library

Windsor Street, Liverpool, L8 1XF (parking nearby)

Cost £50

To book a place please email me: b.d.mcminn@icloud.com

Brian McMinn MSc MA: I'm an accredited Gestalt therapist, working part-time for Liverpool University and in private practice. My background is in industry (electrical and electronics), and as a tutor/lecturer/programme leader/course leader in FE and HE settings. I have been practising as a therapist for 25 years...I hope to get it right soon!