

THE RELATIONSHIP WHISPERER: A WORKSHOP FOR COUPLES (individuals also welcome)

Providing practical ideas to promote good communication and mutual understanding

Presented by Brian McMinn, UKCP & BACP registered psychotherapist



“Everything that irritates us about others can lead us to an understanding of ourselves.”

Carl Jung

We each have different views on the world, and relationships are often battlegrounds to get our world view understood. Most of us are not taught how to understand, or how to have good relationships with partners. Instead, we get our habits of relating from being around and observing our parents or carers, and often those ways of relating were passed down from their parents, so unhelpful habits go from generation to generation. In this afternoon workshop I will outline some techniques that can help improve communication, encourage connection, and help you open a new chapter of how to relate in a more satisfying way.

Saturday 20th July 2019, 1pm - 3.30pm

Venue: Toxteth Library

Windsor Street, Liverpool, L8 1XF (parking nearby)

Cost £50 (concessions for no/low waged)

To book a place please email me: b.d.mcminn@icloud.com

Brian McMinn MSc MA: I'm an accredited Gestalt therapist, working part-time for Liverpool University and in private practice. My background is in industry (electrical and electronics), and as a tutor/lecturer/programme leader/course leader in FE and HE settings. I have been practising as a therapist for 25 years. My relationship history has not been good but it has taught me a lot. I have undergone extensive couples training in London and Manchester and I work, mainly in Liverpool, with adult clients, couples and groups.